

# DRINKS

PLEASE LEAVE  
US A REVIEW



## JUICES

- The Incredible Bulk** 6.00  
This is our superfood, clean & cold-pressed juice containing Apple, Celery, Seasonal Greens, Lemon, Ginger & Mint *Contains: Celery*
- Ginger Spice** 6.00  
This is our Zingy cold-pressed juice containing Apple, Carrots, Lemon, Ginger & Turmeric
- Bring The Beet In** 6.00  
This is our beat the hangover cold-pressed juice containing Oranges, Beetroot, Lemon, Ginger, Lime & Agave
- Fresh Oranges** 4.50  
Freshly Squeezed Seasonal Oranges

## SMOOTHIES

- Strawberry Blonde** 6.00  
Strawberries, Oat Milk, Soya Yoghurt, Banana, Baobab, Lemon Zest & Vanilla
- Cacao Espresso Martini** 6.00  
Oat Milk, Banana, Espresso, Dates, Maple Syrup, Cacao, Chicory Root & Lions Mane
- Off The Kale** 6.00  
Oat Milk, Banana, Spinach, Kale, Ginger, Pumpkin Seeds, Lemon, Agave, Parsley, Ashwagandha & Chilli

## WELLNESS SHOTS

- I've Got The Power** 3.50  
Apples, Lemon, Turmeric, Himalayan Pink Salt & Ginger.  
Help to strenghten the immune system & keep your body strong
- Gut Vibes Only** 3.50  
Apples, Strawberries, Organic Apple Cider Vinegar & Probiotics.  
Helps to boost gut health
- Drop The Beet** 3.50  
Honeydew Melon, Beetroot, Aloe Vera, Cayenne Pepper & Milk Thistle.  
Help lower your blood pressure & improve blood flow
- Let It Glow** 3.50  
Pineapple, Spinach, Coriander, Thai Basil, Aloe Vera & Marine Collagen.  
Help improve your skin elasticity, boost nail growth & promote healthy hair. *Contains Fish*

## PROTEIN SHAKES

- Vegan Vanilla Protein blended with Oat Milk & Ice** 6.00
- Flavours**
- |            |   |
|------------|---|
| Vanilla    | Chocolate                                     |
| Strawberry | White Chocolate & Rose                        |
| Chai       | Peanut Bulk (Peanut Butter, Hazelnut & Cacao) |

Add Sea Moss 2.00 | Add Espresso 2.70 | Add Seven Mushroom Blend 1.50

## COFFEE

*Our coffee beans are organic. They are an intense and complex blend with notes od roasted nuts and dark cacao. From Brazil, Vietnam & Ethiopia.*

- |           |      |                  |      |
|-----------|------|------------------|------|
| Espresso  | 2.70 | Flat White       | 3.30 |
| Americano | 2.70 | Latte            | 3.50 |
| Macchiato | 3.00 | Mocha            | 4.00 |
| Cortado   | 3.10 | Dirty Chai Latte | 4.00 |
| Cappucino | 3.50 |                  |      |

## ICED DRINKS

- |                 |      |                            |      |
|-----------------|------|----------------------------|------|
| Iced Americano  | 2.70 | Iced Chai                  | 3.90 |
| Iced Latte      | 3.50 | Iced Matcha                | 4.00 |
| Iced Mocha      | 4.00 | White Choc & Rose Frappé   | 4.00 |
| Iced Dirty Chai | 4.00 | Iced Vanilla Matcha Frappé | 4.00 |

## HOT DRINKS

- |               |      |                               |      |
|---------------|------|-------------------------------|------|
| Chai Latte    | 3.90 | Tumeric &                     |      |
| Matcha Latte  | 4.00 | Ashwagandha Latte             | 4.00 |
| Hot Chocolate | 4.00 | White Hot Chocolate with Rose | 4.00 |

## TEA

- |                     |      |   |      |
|---------------------|------|---|------|
| English Breakfast*  | 3.50 | Mango & Rooibos*                          | 4.00 |
| Decaf Breakfast*    | 3.50 | Green Tea & Jasmine*                      | 4.00 |
| Earl Grey*          | 3.50 | Balancing Tea*                            | 4.00 |
| Lemongras & Ginger* | 4.50 | Hibiscus, Raspberly Leaf, Rosehip         |      |
| Seamoss Tea         | 3.00 | <b>Get a large pot for an extra 1.50*</b> |      |

## EXTRAS

- |                   |      |   |      |
|-------------------|------|---|------|
| Soy Milk          | 0.45 | Sugar Free Vanilla  | 1.00 |
| Coconut Milk      | 0.45 | Sugar Free Caramel  | 1.00 |
| Oat Milk          | 0.45 | Sugar Free Hazelnut   | 1.00 |
| Almond Milk       | 0.45 | Seven Mushroom Blend  | 1.50 |
| Extra Shot Coffee | 1.50 | Reishi, Chaga, Shiitake, Maitake<br>Lions Mane, Cordyceps, Tremella |      |

## COLD DRINKS

- Alkaline Water 3.50
- Sparkling Water 2.50
- Vitamin Water 2.75  
Lemon & Lime Reload, Strawberry & Rhubarb Hydrate
- Lemonaid 2.50  
Blood Orange, Passionfruit
- Hip Pop Kombucha 3.50  
Ginger & Yuzu, Passionfruit & Guava CBD, Apple & Elderflower

We are all about supporting local & British business. This menu was possible by these following businesses great products.



At The Green Lab, we beleive in fresh produce and great tasting food. This extends beyond our eatery. If you are looking for catering for business, events & private functions, get in touch with us at hello@thegreenlabnq.com.

# MENU



CHECK THE BOARD OR ASK OUR STAFF  
FOR DAILY SPECIALS AND SWEET TREATS

**V** Vegetarian **VE** Vegan **GF** Gluten Free

If you have any food allergies or special dietary requirements, please inform a member of our team. We work in an environment containing all of the main allergies & cannot guarantee no cross contamination. Please note that for dining-in guests a discretionary service charge of 10% is added to your bill. This can be removed upon request.